'Clinging to the Earth'

Needle-punch sketch

... Like birds that get used to walking and grow heavier and heavier, as in falling: the earth sucks out of their long claws the brave memory of all the great things that happen high up, and makes them almost into leaves that cling tightly to the ground.

from 'Fragments from Lost Days'

Clinging to the earthbound/form/ego that pulls, through fear and conditioning...